

Being Healthy


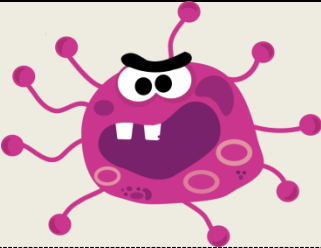

BOOKS: Why Do We Eat? Body Battles, Be Like the Animals

MUSIC: This old man, I'm Glad to be me, It's time to wiggle, Body Parts song

CONCEPTS & VOCABULARY: Germs, exercise, healthy foods, treats, play, being sick



early
childhood
care & education

MONDAY		Music with Miss Mary	Let's talk about being healthy	Body BINGO	Can you find the "germs" around the classroom?	Read: Germs! Germs! Germs!
		Relationships: Interactions with Adults Creativity: Expression of Ideas & Feelings through the Arts	Social Studies: Geography: Human Sy Science: Physical Science: Explorations of Energy stems	Cognitive Skills: Symbolic Thought Physical Well-Being: Body Awareness	Self: Self-Concept Initiative: Initiative & Curiosity	Listening & Speaking: Expressive
TUESDAY	Let's do some exercising and be like animals	Creating Snazzy snails using our feet	Physical Education PLEASE WEAR YOUR GYM SHOES TODAY!	Let's compare our feet by size, color, and how many toes you have!		Read:
	Physical Well-Being: Physical Activity	Creativity: Expression of Ideas & Feelings through the Arts		Mathematics: Measurement & Data: Describe & Compare		Listening & Speaking: Receptive Language and Comprehension
WEDNESDAY	Judaics with Miss Rochel	Healthy foods vs treats collage	Let's play body BINGO		Let's do the germ experiment	Read: Germs make me sick!
	Social Studies: History: Heritage	Physical Well-Being: Nutrition	Physical Well-Being: Nutrition Physical Well-Being: Body Awareness		Science: Science Inquiry & Application: Cause & Effect	Listening & Speaking: Expressive Language
THURSDAY	Colorful swirls-creating art with chalk	Doggie, doggie where's your bone?-game	Let's count the letters in our names	DANCE PARTY!!!	Fun foodie riddles	Read: Me and My Amazing Body
	Self: Self-Concept Initiative: Initiative & Curiosity	Physical Well-Being: Nutrition	Mathematics: Number Sense: Number Sense & Counting	Physical Well-Being: Body Awareness Self: Self-Regulation	Listening & Speaking: Social Communication	Listening & Speaking: Expressive Language
FRIDAY	Shabbat Sing Along	Let's play the sleeping bear game	Tzedakah circle-sharing our coins	Celebrating Shabbat with our class		Read: A Shabbat story
	Social Studies: History: Heritage Relationships: Interactions with Adults	Initiative: Initiative & Curiosity Self: Self-Regulation	Social Studies: History: Heritage	Social Studies: History: Heritage		Listening & Speaking: Expressive Language