



Family Services Approved Provider
RCS070502

2020 Summer Series: Our Workshops Are Going Virtual!

Sponsored by:

- Catholic Social Services of the Miami Valley
- Family Service Association, Inc.
- Graceworks Lutheran Services
- Jewish Family Services of Greater Dayton

Register online at www.cssmv.org/events.

This year's series offers a total of 18 Continuing Education Units (CEUs). The CEUs are approved for licensed social workers and counselors; others should check their with their appropriate licensing board.

Registrants must complete the entire course to receive a CEU certificate. No exceptions.

Trauma & Supervision

Friday, June 12 • 8:45 a.m.-12 p.m. • 3 CEUs
Meets Supervision Requirement

This workshop will help develop and enhance supervisors' ability to provide trauma-informed supervision; to ensure that the work environment is safe and welcoming for clients and staff; to help staff develop competencies that a trauma workforce needs; and to sustain a standard of care moving forward using trauma-informed hiring and staff development strategies.

Presenter: De'Asia Thompson, LISW-S, is Owner & Therapist at Rise Consulting Group in Dayton. She specializes in reducing anxiety and depression, especially among African American women and women of color, and has many years of experience working for various social service agencies. She also works as a Social Work Professor, clinical supervisor, coach for student parents, and consultant for people who want to start a private practice. She is actively working on her PhD in Social Work.

Minimizing Our Ethical & Legal Vulnerabilities when Working with Clients Struggling with Trauma

Friday, July 10 • 8:45 a.m.-12 p.m. • 3 CEUs
Meets Ethics Requirement

Mental health providers increasingly find themselves helping clients through the complicated symptoms of trauma and traumatic stress. This intense work significantly adds to the legal and ethical vulnerabilities of the provider. This session will identify the common clinical, ethical, and legal issues relating specifically to working with clients struggling with trauma, including informed consent, duty to protect/warn, vicarious trauma, boundaries, and suicidality.

Presenter: Joshua D. Francis, Ph.D., LPCC-S, LICDC-CS has 20+ years of clinical counseling experience in community mental health, hospitals, schools, and private practice. He is a Licensed Professional Clinical Counselor, Supervisor (LPCC-S) and Licensed Independent Chemical Dependency Counselor, Clinical Supervisor (LICDC-CS) in the State of Ohio. Dr. Francis has owned and operated a private counseling and consultation practice, and is an assistant professor of clinical mental health counseling at Wright State University.

Self-Care and Wellness for Mental Health Providers: The Antidote for Burnout, Compassion Fatigue, and Vicarious Trauma

Friday, July 10 • 1:00-4:15 p.m. • 3 CEUs

Self-care and wellness are no longer idealistic goals for mental health providers – they are imperatives. The intense nature of the work that providers of all levels do in the present mental health field can drain them of energy, vitality, and overall health, especially when working with clients struggling with trauma and traumatic stress. In this session, burnout, compassion fatigue, and vicarious trauma will be identified and examined as the archenemy to wellness and self-care. Self-care and wellness strategies will also be suggested and investigated through six distinct life domains.

Presenter: Joshua D. Francis, Ph.D., LPCC-S, LICDC-CS has 20+ years of clinical counseling experience in community mental health, hospitals, schools, and private practice. He is a Licensed Professional Clinical Counselor, Supervisor (LPCC-S) and Licensed Independent Chemical Dependency Counselor, Clinical Supervisor (LICDC-CS) in the State of Ohio. Dr. Francis has owned and operated a private counseling and consultation practice, and is an assistant professor of clinical mental health counseling at Wright State University.

Impact of Community Violence

Friday, Aug. 14 • 8:45 a.m.-12 p.m. • 3 CEUs

Exposure to violent events may be traumatic and can negatively impact multiple factors such as development, academic/employment functioning, coping skills, and relationships. All of these factors impact so much more than the individual. They impact families and the community, especially if the violence occurred within the community. This training will explore how community trauma impacts social groups or neighborhoods subjected to violence and the long term affect on individuals.

Presenters: TBA

Update on Trauma Interventions

Friday, Sept. 11 • 8:45 a.m.-12 p.m. • 3 CEUs

This workshop provides an update for new and existing evidence based interventions that have been proven to work and help trauma survivors through their healing process. Some interventions that will be discussed include: EMDR, CPT (Cognitive Processing Theory), Trauma Informed CBT (Cognitive Based Therapy), Exposure Based Therapies, and Mindful Based Stress Reduction Therapy.

Panel Presenters: Tim Alldredge, MA, LPCC-S, Clinical Director of Family Services, specializes in working with those suffering with traumatic symptoms, PTSD, and Veterans. Leah Stone, MSW, LSW, Director of Womanline, specializes in working with survivors of domestic and sexual violence. Joanna White, MSW, LISW-S, Associate Director of Family Services, specializes in working with those experiencing traumatic symptoms due to a variety of reasons. Additional panel members TBA.

Trauma 101

Friday, Oct. 9 • 8:45 a.m.-12 p.m. • 3 CEUs

A basic understanding of the impact of psychological trauma helps in a broad array of interventions and treatment. This training provides a foundational overview and awareness of trauma, resilience, and trauma-informed care for those in the community who interact with individuals and families who may have experienced trauma, including case managers, human services professionals, educators/school administrators, the faith community, employers, government agencies, and others.

Presenter: Becky Ketron, currently working at the Montgomery County Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board. Ketron has a BA in English, Minor in History, and a focus on Secondary Education course work from Otterbein College. She was the Assistant Director and Program Coordinator for Troy Recreation Association, Training Specialist with Developmental Disabilities of Clark County, and HR Training Specialist with Montgomery County Job & Family Services.



The 2020 Community Training Collaborative Summer Workshop Series



We value our loyal participants of the Summer Series Workshops throughout the years. For your health and well-being, this year we are presenting the Summer Series virtually. We hope to see your smiling faces again this year, but from the comfort and safety of your homes.

- Our 2020 series offers a total of **18** Continuing Education Units (CEUs). As in the past, you are invited to select individual workshops as needed or attend all six (6) workshops in the series for added savings.
- Continuing Education Units (CEUs) are approved for licensed social workers and counselors. Others should check their with their appropriate licensing board.
- Registrants must arrive in the Zoom online meeting by the starting time indicated, and complete the entire course to receive a CEU certificate. No exceptions.
- Questions about the workshop topics? Please contact Joanna White at Family Services at jwhite@fsadayton.org. (*Please note: Joanna can NOT assist you with registration.*)
- NO REFUNDS. Fees prepaid for a missed workshop can be applied to another workshop in the same year by calling Catholic Social Services at (937) 223-7217 x1146.

Register online at www.cssmv.org/events.

Registration and payment are required prior to the training, in order to receive your link to the Zoom session. The Monday prior to the Friday training, you will receive an email with the Zoom link and details about accessing the training.

2020 Registration Fees

Register online at
www.cssmv.org/events

- COMPLETE WORKSHOP SERIES - \$175**
Save \$35 by registering for all six courses!

INDIVIDUAL WORKSHOPS

- Trauma & Supervision \$35
- Minimizing Ethical & Legal Vulnerabilities \$35
- Self-Care and Wellness \$35
- Impact of Community Violence \$35
- Update on Trauma Interventions \$35
- Trauma 101 \$35



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