

BE AN  
**UPSTANDER**

*Not a bystander.*





## SOME CHARACTERISTICS OF AN UPSTANDER

- » Honesty
- » Kindness
- » Creativity
- » Perseverance
- » Curiosity
- » Zest

## THE IMPACT OF CREATING A COMMUNITY OF UPSTANDERS

- » Learning from the legacy of those who came before us
- » We take action to enlighten, inspire, and empower today
- » Providing a safety net for each other
- » Creating a new generation of upstanders for tomorrow



# WHAT IS AN UPSTANDER?

- » An individual who **chooses to take positive action** in the face of injustice or intolerance
- » They **act peacefully and in positive ways to support and defend** those who are targeted for systemic or individual harm.
- » They **harness their character strengths** to meet the moment and pursue justice, both great and small, inspiring others to do the same.

## UPSTANDER GOAL

Creating a community of upstanders to counter hate and injustice.



## UPSTANDER PROGRAM COMPONENTS

Together we: educate, socialize, dialogue, and engage in community service.



By **socializing** and through **dialogue** we can **foster relationships**

- » Come to know one another
- » Come to understand one another
- » Become friends

Through **education** and **community service** we can **become upstanders**

- » Learn about injustice
- » Address community needs
- » Act on our knowledge to improve our community

# UPSTANDER ACTIONS



## Educate through

- » Panel discussions
- » Cultural exchanges
- » Youth ambassador program
- » Speakers & Lecturers
- » Educational trips
- » Upstander training



## Dialogue through

- » One-on-one outreach
- » Youth dialogue
- » Dialogue training
- » Book clubs
- » Movie discussions
- » Community Conversations





## Socialize through

- » Cultural celebrations
- » Musical events
- » Dinner exchanges
- » Museum tours
- » Community awards
- » Communal activities

## Community Service through

- » Volunteering where needed
- » Collection drives
- » Voter registration drives
- » Literacy training
- » Interfaith community projects
- » Community projects



# UPSTANDER ACTION EXAMPLES

## Fairness

Ensuring that diverse voices are included in decisions

## Bravery

Speaking out against the bullying of a fellow classmate

## Teamwork

Collaborating on intercommunity projects





The Jewish Community Relations Council (JCRC) serves as the voice of the Jewish Federation of Greater Dayton on issues of social justice, public policy, and Israel. Through outreach and advocacy, JCRC represents Dayton's Jewish Community on issues that impact our local, state, national, and international communities in support of an inclusive and equitable mosaic world.

## CONTACTS

### **Cathy Gardner**

CEO, Jewish Federation of Greater Dayton  
937-401-1556

### **Jeff Blumer**

Director, JCRC  
937-401-1558

### **Bonnie Beaman Rice**

Board Chair, JCRC  
937-409-2880