



BE AN
UPSTANDER

Not a bystander.





SOME CHARACTERISTICS OF AN **UPSTANDER**

- » Honesty
- » Kindness
- » Creativity
- » Perseverance
- » Curiosity
- » Zest

THE IMPACT OF CREATING A COMMUNITY OF **UPSTANDERS**

- » Learning from the legacy of those who came before us
- » Taking action to enlighten, inspire, and empower today
- » Providing a safety net for each other
- » Creating a new generation of upstanders for tomorrow



WHAT IS AN UPSTANDER?

- » An individual who **chooses to take positive action** in the face of injustice or intolerance
- » They **act peacefully and in positive ways to support and defend** those who are targeted for systemic or individual harm.
- » They **harness their character strengths** to meet the moment and pursue justice, both great and small, inspiring others to do the same.

UPSTANDER GOAL

Creating a community of upstanders to counter hate and injustice.



UPSTANDER PROGRAM COMPONENTS

Together we educate, socially engage, dialogue and perform community service.



By **social engagement** and through **dialogue** we can **foster relationships**

- » Come to know one another
- » Come to understand one another
- » Become friends

Through **education** and **community service** we can **create a caring community**

- » Learn about injustice
- » Identify community needs
- » Act on our knowledge to improve our community

UPSTANDER ACTIONS



Educate through

- » Panel discussions
- » Cultural exchanges
- » Speakers & Lecturers
- » Educational trips
- » Upstander training



Dialogue through

- » One-on-one outreach
- » Dialogue training
- » Book clubs
- » Movie discussions
- » Community Conversations





Socially Engage through

- » Cultural celebrations
- » Musical events
- » Dinner exchanges
- » Museum tours
- » Community awards

Community Service through

- » Volunteering where needed
- » Collection drives
- » Voter registration drives
- » Literacy training
- » Interfaith community projects



UPSTANDER ACTION EXAMPLES

Fairness

Ensuring that diverse voices are included in decisions

Bravery

Speaking out against the bullying of a fellow classmate

Teamwork

Collaborating on intercommunity projects





The Upstander Project is a program originated by the Jewish Community Relations Council under the umbrella of the Jewish Federation of Greater Dayton as a vehicle to build positive relationships, seek justice, and foster an appreciation for the diverse people and cultures of our community.

CONTACTS

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